



FOOD AT  
**McGOWANS**



**KIDS**  
**MENU AVAILABLE**

*Just ask you Server!*

**ALLERGEN KEY**

- |               |               |               |
|---------------|---------------|---------------|
| 1. Celery     | 6. Lupin      | 11. Peanuts   |
| 2. Gluten     | 7. Dairy      | 12. Sesame    |
| 3. Shell Fish | 8. Molluscs   | 13. Soya      |
| 4. Eggs       | 9. Mustard    | 14. Sulphites |
| 5. Fish       | 10. Tree Nuts |               |



# CHICKEN WINGS



McGowans famous Chicken Wings!

Always fresh, never frozen.

Cooked in 100% vegetable oil so they are crispy on the outside and juicy on the inside.

Served with blue cheese dipping sauce

## Crispy Chicken wings

€9 / €15

Tossed in a sauce of your choice

## Cauliflower & Broccoli Wings (1,2)

€9 / €15

Cooked in a light and crispy batter, tossed in a wing sauce of your choice

## Louisiana (1,7)

A classic hot & spicy sauce

## Jack Daniel BBQ (1,13)

Sweet & sticky BBQ sauce

## McGowans Famous Recipe (1,7)

Famous family recipe, slightly milder & sweeter than Louisiana.

A customer favourite

## Salt & Chilli (1,7)

Tossed in Salt & Chilli flakes

# STARTERS



## Bruschetta (2,4,7)

€8

Ciabatta bread with vine-ripe tomatoes, garlic, basil, virgin olive oil, and fresh mozzarella

## Cheesy Garlic Bread (2,4,7)

€7

Warm, garlic-infused bread topped with melted cheese

## Caprese Salad (7)

€7

Ripe tomatoes, creamy mozzarella, and fragrant basil, drizzled with olive oil and balsamic glaze



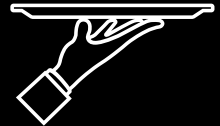
# LIGHT BITES



*Tasty dishes and appetizers perfect for a quick treat or to complement your main dish*

- Garlic & Cheese Chips** (2,4,7) €7
- Bacon & Cheese Chips** (2,7) €9
- Cocktail Sausages & Chips** (2,4,7) €9
- Scampi & Chips** (2,3,4,7) €10  
*Served with Tartar Dip & Lemon Wedge*
- Nachos** (2,4,7) €9  
*Served with Sour Cream, Guacamole, Salsa & Cheese Sauce*
- Add Chicken** +€3

# PLATTERS



*McGowans platters are ideal for big groups and gatherings. Packed with crowd-pleasing classics they are perfect for sharing and guaranteed to keep everyone satisfied. Whether it's a casual get-together or a lively celebration, our platters are sure to be a hit!*

*Serves 4 - 6 people*

- Mc Gowans Famous Platter** (1,2,3,4,7) €40  
*Cocktail Sausages, Chicken Wings, Onion Rings, Scampi, Chicken Tenders, with Chips and Dips*
- Vegetarian Platter** (1,2,3,4,7) €35  
*Cauliflower & Broccoli Wings, Onion Rings, Vegetarian Spring Rolls, Mozzarella Sticks with Chips and Dips*



# MAIN COURSE



*The Main Event!*

**Atlantic Cod & Chips (2,4,5,9)**

€17

*Lightly battered, deep fried and served with Chips, Tartar Sauce, and salad garnish*

**Chicken Carbonara Pasta (2,4,7)**

€17

*Fettuccine pasta in a rich & creamy sauce, with Chicken, Bacon, and Parmesan*

**Grilled 10oz Sirloin Steak (2,7)**

€24

*Top of the range Hereford Beef cooked to your liking*

*Served with sautéed Mushrooms, and Onion Rings*

*Garlic Butter or Pepper Sauce*

*Chips, Sweet Potasto Fries, or Salad*

**Greek Salad (2,4,7,9)**

€12

*Feta Cheese, Olives, Tomato, Onion, Cucumber. Served on a bed of Lettuce, with Olive Oil & Vinegar Dressing*

**Add Chicken +€3**

**Mc Gowans Bangers & Mash (1,2,4,7)**

€17

*Juicy sausages served on top of a bed of creamy mashed potatoes, smothered in rich onion gravy*

**Chicken Thai Red Curry (3,7,9)**

€17

*Spicy Homemade Thai Curry with Onions and Peppers*

*Served with Chips or Rice or half & half*

**Vegetarian Thai Red Curry (3,7,9)**

€13

*Served with Chips or Rice or half & half*



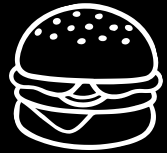
**Fish Platter for two (2,3,4,5,9)**

€35

*Fish Goujons, Filo Prawns, Breaded Scampi,  
Crispy Squid, served with chips and a  
selection of dipping sauces*



**BURGERS**



*All of our Burgers are homemade using Top of the Range Hereford  
Mince Beef and Fresh Irish Chicken  
Served with a choice of Chips, Sweet Potatoe Fries, or a Side Salad*

**Classic (2,4,7,9)**

€15

*8oz Burger in a fresh Brioche Bun with  
Lettuce, Tomato, Pickle, & Spicy Mayonnaise*

**Cheese Burger (2,4,7,9)**

€16

*8oz Burger in a fresh Brioche Bun with Red  
Cheddar Cheese, Lettuce, Tomoto, Pickle, &  
Spicy Mayonnaise*

**Bacon Cheese Burger (2,4,7,9)**

€16

*8oz Burger in a fresh Brioche Bun with Crispy  
Bacon, Red Cheddar Cheese, Lettuce,  
Tomoto, Pickle, & Spicy Mayonnaise*

**New Yorker Burger (2,4,7,9)**

€17

*8oz Burger in a fresh Brioche Bun with Crispy  
Bacon, Onion Rings, Lettuce, Tomoto, Pickle,  
Spicy Mayonnaise & Guacamole*

**Southern Fried Chicken Burger (2,4,7,9)**

€16

*Breaded Chicken in a fresh Brioche Bun,  
with Lettuce & Spicy Mayonnaise*

**Veggie Burger (2,4,7,9)**

€13

*Mixed Vegetables & Chickpea Burger in a  
fresh Brioche Bun with Cheese, Onion Rings,  
Spicy Mayonnaise & Gaucomole*



# 12" PIZZAS



Gluten Free Bases Available

**Margarita (2,4,7)**

€13

Freshly prepared Pizza with Tomato Sauce & Mozzarella Cheese

**Pepperoni (2,4,7)**

€14

Freshly prepared Pizza with Tomato Sauce, Mozzarella Cheese & Pepperoni

**Hawaiian (2,4,7)**

€14

Freshly prepared Pizza with Tomato Sauce, Mozzarella Cheese, Ham & Pineapple

**Loaded Pepperoni (2,4,7)**

€16

Freshly prepared Pizza with Tomato Sauce, Mozzarella Cheese, Pepperoni, Spinach, Black Olive, Feta & Chilli Flakes

**Vegetarian Special (2,4,7)**

€14

Freshly prepared Pizza with Tomato Sauce, Mozzarella Cheese Peppers, Onion, Sweetcorn & Spinach

**ADD EXTRA TOPPING +€1**

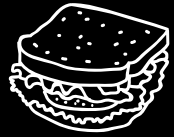
Peppers, Mushroom, Spinach, Sweetcorn, Olives, Chilli Flakes, Pineapple, Feta Cheese, Jalapeo, Extra Cheese

**ADD MEAT +€2**

Pepperoni, Ham, Chicken



# SANDWICHES



Sandwiches are served with a choice of Chips, Sweet Potatoe Fries, or a Side Salad

**Mc Gowans Club Sandwich (2,4,7)** €15

Chicken, Crispy Bacon, Melted Cheese,  
Lettuce, Tomato and Mayonaisse  
Served on crunchy Ciabatta Bread

**BLT (2,4,7)** €13

Served on toasted Ciabatta bread filled  
with Crispy Bacon, Fresh Lettuce, Ripe  
Tomatos & Mayo

## SIDES



**Chips** €4

**Sweet Potato Fries** €5

**Onion Rings (2,7)** €5

**Mash (7)** €4

## SAUCES

**Onion Gravy (1,2,7)**

**Wing Sauce (7)** €3

**Pepper Sauce (2,7)**

**Blue Cheese Dip (4,7)**

**Garlic Dip (4,7)**

**Marie Rose (7,9)**

**Sweet Chilli (7)** €1.50

**Sour Cream (7)**

**Guacamole**



# DESSERTS



*Treat yourself, sure you deserve it!*

**Chocolate Fudge Cake (2,7)**

€7

*Served with Vanilla Ice Cream*

**Dessert of the week**

€7

*Served with Ice Cream*

*Ask your server for details*

**Mixed Ice Cream (2,7)**

€5

# HOT DRINKS



**Tea**

€2.50

**Herbal Tea**

€3

**Green Tea**

**Lemon & Ginger Tea**

**Espresso**

€2.50

**Americano**

€2.50

**Cappuccino**

€3

**Baileys Coffee**

€7

**Irish Coffee**

€7

**Hot Irish Whiskey**

€7

